

## SMOKED DUCK RISOTTO

## Serves 4

## **Ingredients**

1 Smoked Duck Breast – chopped
500ml vegetable stock or bouillon powder
125g mushrooms – sliced
2 leeks – sliced
2 celery sticks – sliced
1 large carrot – cubed
250g arborio (risotto) rice
½ glass white wine
parsley leaves – chopped
Fino Olive Oil
Halen Môn Sea Salt
Gherkins and capers (optional)



If you're making your own stock, simmer 750ml of water with carrots, celery, parsley, thyme, onion, bay leaves, black peppercorns & coriander seeds.

Soften the leeks, celery & carrots in Fino olive oil, sprinkle with salt and cover over a low heat.

Add in the mushrooms and cook gently for 5 minutes.

Then stir in the rice until it's translucent and has soaked up the olive oil and juices.

Add the white wine and simmer over a gentle heat until absorbed.

Add in half the stock gradually, then add the remainder and bring to the boil. Turn right down to a low simmer and cover for 10 minutes.

Add the sliced Smoked Duck and more liquid if necessary and then return to a low simmer.

Leave for another 10 minutes until the Smoked Duck is hot.

Garnish with parsley and finish with olive oil.

Serve in warm bowls, with an optional chopped gherkin & caper garnish.

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